

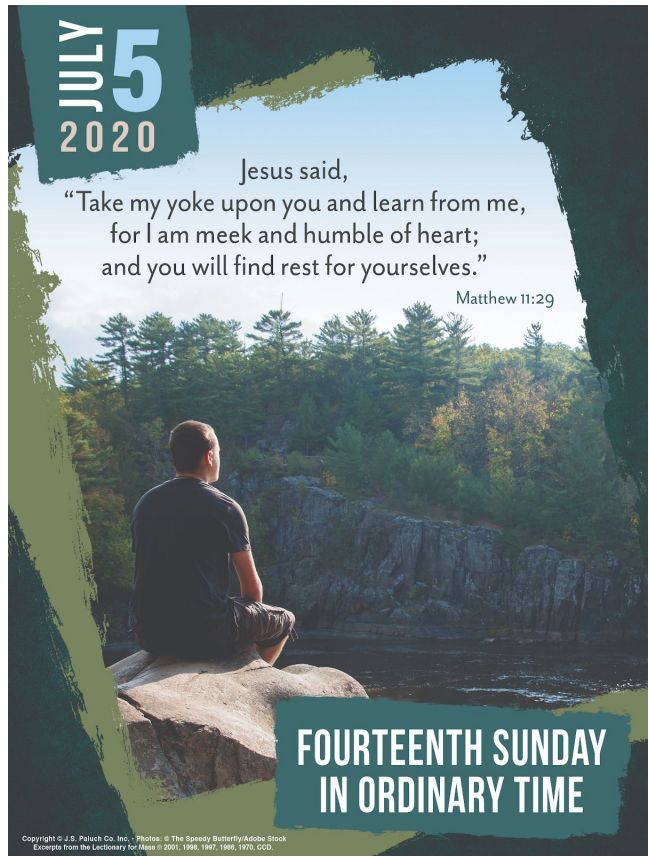


Saturday, July 4
E 5:30pm For the People
Sunday, July 5
E 8:00am Anthony Barnes & Rena Buchignani +
E 10:00am Alverta, Richard & Louis Figari +
12:00pm For the People

Monday, July 6
9:00am William P Slusser +
Tuesday, July 7
E 9:00am Fermin Vieyra +
Wednesday, July 8
E 8:15 am For Victims of Violence
Thursday, July 9
E 9:00am For the People
Friday, July 10
E 9:00am For the People
Saturday, July 11
E 5:30pm ICF Monthly Mass
Sunday, July 12
E 8:00am Garfagnoli & Catelani Families
E 10:00am Amato & Grdina Families
12:00pm Virgen de Guadalupe (Int)

PLEASE PRAY FOR

- | | |
|------------------------|---------------------|
| Giovanny Ayon | Olivia Carrillo |
| Joyce Cafferata | Angella Creel |
| Jerry Eichma | Sherlyn Cortez |
| Zachary Mac Murray | Bill Conrad |
| Judy Nicholls | Fred Pisani |
| Rose Guerrero | Evelyn Rossi |
| Helle Siergert | Samaria Sue E |
| Francisco Munguia | Ignacia Sanabria R. |
| Lupe Nuño | Melissa Warren |
| Mary Putnam | Maria Suarez |
| Gabriele Sanchioli | Gina Giacomelli |
| Robert Zimmerman | Larry Giovannoni |
| Jon Brown | Cecelia Del Angel |
| Fausto Catelani | Becky Oseguera |
| Jack Lynch | Vance Adler |
| John Brown | Richard Sarao |
| John Provenzale | Lourdes Pisani |
| Dale & Colette Philips | Grace Popich Hall |
| Emily Nuñez | Georgia Minaglia |
| Karen Hibbe Moore | Janet Donaldson |
| Samantha Onate | Scott Voelker |
| Mary Johnson | Betty Kozel |
| Kathy Hall Adkinson | Sandra Connelly |
| Ray Brinson | Andrea Brinson |
| Wayne Waechtler | Joey Bell |
| Margaret Brown | Gerry Fernandez |
- Rest in Peace: Andrea Galvin + , Joyce Dorant+**



HUMILITY

Humility is a virtue in short supply in today’s world. And yet our reading from the prophet Zechariah describes Israel’s coming king, in whom we Christians see Jesus, as humble, riding on a colt, the foal of an ass. No great procession for our Lord and God, for he comes not on a golden chariot with banners and a great procession of soldiers and riches, but on a humble beast of burden. What a contrast to our world of designer clothes and cars; of mega-mansions and architectural embellishments. Humility is not bragging about our worldly goods or our accomplishments. Neither is it the false humility of denying that what we do well is “nothing”. It is the acknowledgment of our faults and our successes, with a humble “thank you” to compliment or criticism.



FROM THE RIVER TO THE ENDS OF THE EARTH

How we long for peace in our world! It seems we are surrounded by constant news of death and destruction, whether in our own country or abroad. We hear and we grieve, we try to give shelter to those fleeing war and crime in their own countries. We pray for them and for ourselves, that fear may not overtake us and make us do foolish things or abuse innocent people. For “[God] shall proclaim peace to the nations” (Zechariah 9:10). We can rely on this promise of peace, if we become peaceful people ourselves and do not give in to revenge or deep anger. “You are not in the flesh... you are in the spirit” (Romans 8:9).

COME TO ME

Some of the most comforting words in the Gospels appear in today’s reading. “Come to me, all you who labor and are burdened, and I will give you rest. For my yoke is easy and my burden light” (Matthew 11:28,30). Sometimes we carry that seem to be impossible burdens; we carry our cross. But we might be carrying the wrong cross. Our cross, we are promised, will be easy and our burden light. This might not seem to be true when we suffer the loss of a loved one, a job, our home, or our livelihood. But if we turn to Jesus, we will always find the comfort and loving kindness of the Father, the Son, and the Holy Spirit. The children look to us adults for comfort and support, for “although you have hidden these things from the wise and the learned you have revealed them to little ones” (Matthew 11:25). We can learn from children about our dependence on God. So Jesus says to us, “Take my yoke upon you and learn from me, for I am meek and humble of heart” (Matthew 11:29). Again, the Lord’s humility reveals neither bragging nor false denial of his power, but an acknowledgement of his love for us.

TODAY’S READINGS

Zechariah 9:9-10
 Psalm 145:1-2, 8-11, 13-14
 Romans 8:9, 11-13
 Matthew 11:25-30

REGULAR MASS SCHEDULE:

Saturday 5:30 PM (English), Sunday 8:00 & 10:00 AM (English), and 12:00 PM (Spanish)

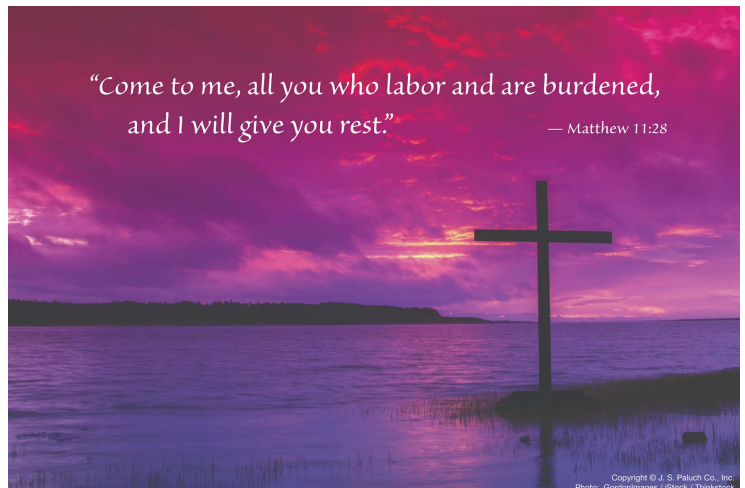
To attend Mass, these guidelines are to be followed for the Safety of our Parishioners and Staff:

- DO NOT ATTEND Mass if you have a fever, cough or symptoms of the flu.
- Face Coverings/Mask are required at all times.
- Wash hands at home and use hand sanitizer upon entering the Church.
- Please maintain a 6 foot distance from one another.
- All Church doors will remain open during Mass.

For those who cannot attend Mass:

Please attend Mass online at the following site:
<https://stjohnshealdsburg.org>

You can access the Mass on this Home page.



*“Come to me, all you who labor and are burdened,
 and I will give you rest.”* — Matthew 11:28



The Lord wants us to turn to Him when we are troubled about something.

Directions: Draw the person you go to when you are troubled about something.

We should also be giving praise to God for allowing us to understand His message.



Directions: Try to understand the message below by decoding it. Go back 2 letters in the alphabet to find the correct letter.
Example: If a C is written, that would be an A. If an R is written, that would be a P.

ABCDEFGHIJKLM
NOPQRSTUVWXYZ

I K X G

R T C K U G

V Q I Q F

Give praise to God.

